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Service Agencies of the Island

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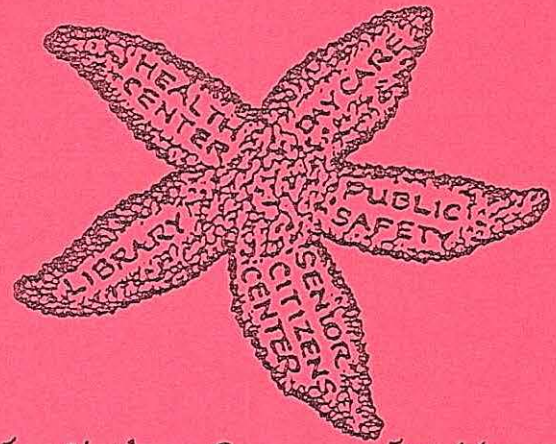
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

February 2012

Volume 32

Issue 2

Peaks Island CERT Emergency Power Generators

The Peaks Island Community Emergency Response Team (CERT) has received a grant from the Maine Community Foundation through the generosity of the Peaks Island Fund to purchase four 2000-Watt Generators for use during power outages. Although these generators will not be loaned, they can be used only under supervision of a trained CERT Team Member.

Priorities for using the Generators

1. Upon the request of the Portland Police or Fire Department.
2. In a CERT-operated emergency shelter.
3. At homes of people using electrical or battery-rechargeable medical devices, who should pre-register with CERT for a pre-inspection to assure prompt response during outages.
4. Individuals who must remain at home due to health issues and cannot relocate to one of the Island shelters at the Faye Garman Senior Center or Children's Workshop. Frail elderly, handicapped and those with serious medical disabilities will have first priority for any additional uses.
5. Other emergency needs identified by Police, Fire Department and CERT Team Members who are operating the generators during power outages.

Call Albert Bleau at 766-0007 or 781-962-2662
or Jay Desmond at 766-2088 to request service.

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CERT prepares to respond to disasters on the Island with regular training by members of the Portland Fire Department.
February's meetings are at 6:15 PM on the 13th and 20th.

PEAKS ISLAND HEALTH CENTER
87 CENTRAL AVENUE PEAKS ISLAND, MAINE 04108
766-2929 Fax:766-5073

MONDAYS AND WEDNESDAYS 10:15 AM to 4:00 PM

Sarah Fuhrman, FNP, sees infants to adults; Mary Grimaldi, Clinical Assistant/Administrator

Lorre, our lab tech, will be here Monday, February 20, from 8:30 to 11:00. If you need lab work done, please call to schedule an appointment.

Dr. Muca, our podiatrist, is scheduled for Friday, March 23. Please call to schedule an appointment if you have a foot concern.

Please call the office at 766-2929 to schedule appointments. If you call during business hours and no one answers, it means we are either on the other line, or assisting a patient. Your call is important. Please leave a message, and we will return your call as quickly as possible.

When the Health Center is closed, please call and leave a message, or call your Primary Care Provider. For an urgent medical emergency, please call 911.

The Health Center has an array of **medical equipment available** for Islanders' use: crutches, walkers, commodes, cold water containers for post-operative icing, and more. Call Mary at the office for requests.

Reminder: Seated "chair yoga" meets on **Wednesdays, 4-5:15 PM, at the Fay Garman House** meeting room. We follow movements created on a CD for us by yoga instructor, Rebecca Stephans. This yoga is especially kind and relaxing to the older and/or physically-challenged body. Free; sponsored by the Health Center. Just come.

Inviting Girl Scouts of All Ages

Peaks Island Girl Scouts - Junior Troop 1977

The Peaks Island Girl Scouts is celebrating the 100 year anniversary of Girl Scouting on Feb. 12. Girl Scouts past and present are cordially invited to attend the Peaks Island Girl Scout 100th Year Anniversary Celebration Tea on February 12, 2012 from 2:00 to 3:30pm at the Brackett Memorial Church.

Girl power and memories galore are expected to be shared at the centennial event. Please bring your Girl Scout photos, sashes, books and your fondest memories to share. Refreshments will be served. We look forward to your company.

Please RSVP and for more info call: Diane Ricciotti 766-5183 or Rae Chalmers 518-9257.

February at the Peaks Island Branch Library

in the Community Building 766-5540 email peaks@portland.lib.me.us

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

Sometimes Annual Valentine Poetry Read: If you like to read or listen to poetry read aloud and sample delectable desserts, this event is for you. On **Thursday, February 9, at 7 pm**, in the Community Room, bring a poem or poems that celebrate love in all its variety – or come to listen. Desserts are also welcome. For more information, contact Suzanne Parrot, 766-2344 or islandpainter@earthlink.net.

First Tuesdays Book Discussion: The next discussion is on February 7; the book is *Caleb's Crossing* by Geraldine Brooks. For March 6, read *Late Nights on Air* by Canadian author Elizabeth Hay. To reserve a library copy, come in, call or email the library. Meetings begin at 7 pm.

Knitting Instruction for Adults and Children 2:40 – 3:30 pm Tuesdays in February: In January, Mrs. Dilger, a teacher at Peaks Island Elementary School, helped adults and children learn to cast on and knit and to develop patience – those needles are slippery! Those who came really enjoyed it, including moms and dads as well as children. Mrs. Dilger will be here Tuesday afternoons in February and all are welcome to attend.

PreSchool Story Time Fridays at 10:15. All island children and visitors are welcome.

NEW on the Peaks Island Authors and Illustrators Shelf: *The Story of Estrella* by Ann Barrengos (aka Ann Broderick), illustrated by Hannah Rindlaub. Come in and check it out!

PEAKS ENVIRONMENTAL ACTION TEAM

Monday evening February 6 at 6:30 p.m. in the MacVane Community Room

We'll be talking about ways to preserve a vegetative buffer strip along the back shore, ways of encouraging islanders to remove unwanted vehicles blocking and polluting our streets, ways to streamline our application for an Island Fellow to design and help with projects to measure and remediate pollution on Peaks, and ways to design projects that engage and involve school children in Earth Day celebrations this April.

What are your hopes and ideas for the environment of Peaks Island?

Join us on February 6

Peaks Island Council News

Next month's meeting will be Wednesday, February 29, at 6:30 pm at the Community Center, to discuss this year's budget. Any groups or individuals that wish to request money or make any sort of presentation should get in touch with Rusty Foster at rusty@kuro5hin.org to be added to the agenda. We will be making our actual budget requests to the city sometime in April, so February and March will probably both be devoted to this process. We want to hear from you, about what you think needs funding attention. Also, next month Councilor Donoghue and Mayor Brennan will be in attendance. A relatively large number of islanders came to the January meeting, and I'd like to thank them again for their involvement and thoughtful participation. -Rusty Foster

Brackett Memorial United Methodist Church

Open Hearts, Open Doors, Open Minds; We are a Welcoming, Inclusive, Reconciling Congregation; 9 Church Street, Peaks Island, Maine

Pastor: Rev. Desi Larson; 207-766-5013; Admin.Asst. Mavourneen Thompson;
www.brackettmumc.org



WORSHIP

Sunday Morning Worship, 10a., w/childcare and followed by informal fellowship gathering in the church hall.
Taize Service Wednesdays, 6:05-6:35p at Brackett Church on February 1 and 15; at St. Christopher's February 8 and 29.
Ash Wednesday Service/Ecumenical at St. Christopher's Church, 6:00 p.m., with Rev Seavey and Rev Larson.

MEETINGS AND ACTIVITIES

Workshop: Learning to Read Musical Notes Sundays in February, 12-1p., Brackett Church. Free and open to everyone who wants to take the mystery out of note reading.

Scripture Study Tuesdays, 8:30-10a., parsonage. All are welcome!

Children's Choir Tuesdays, 2:45-3:15p.

Prayer Shawl Ministry Tuesdays, 12:30-2:30 p., parsonage. All are welcome!

Girl Scouts Tuesdays February 7 and 21, 3:45-5:15p.

Men's Study Group Tuesdays, 7p, Fellowship Hall, open to all men.

Open Tweens Mondays and Thursdays, 2:30-6p. Free and open to all 4-8 graders.

Tween Night Friday, February 10, 6:30-9p.

SPECIAL EVENTS

Peaks Island Food Pantry at Brackett Church Mondays and Thursdays, 3:30-6p.

Church Supper "Hungarian Goulash" Thursday, February 23, 5-6:30p., Free and open to everyone.

Girl Scout Special Celebration Sunday, February 12, 2-3:30p.

Fundraiser for Leslie Schiff Wednesday Evening, February 29. More information TBA.

St. Christopher's Catholic Church

Rector: Father Louis Phillips 773-7746

Sunday Mass is at 10:00 AM followed by fellowship in the Parish House. All are invited - details are on-line www.cluster21portland.org.

Ash Wednesday begins Lent on February 22nd at a special Ecumenical Service with the Blessing & Distribution of Ashes at 6 PM.

Information: Baptism, Reconciliation & Marriage: Call Father Lou.

Taize is an ecumenical prayer, music and contemplation sharing program that originated in 1940 in France and has spread to more than 30 countries around the world.

Here on Peaks Island, Taize meets from 6:05 to 6:30 PM at Brackett Church on the first and third Wednesdays and at St. Christopher's on the second and fourth Wednesdays of the month.

All are invited!

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The Peaks Island Community Food Pantry

Kudos to the fine people of Milk Wood for a wonderful rendition of Dylan Thomas' "Under Milk Wood." Our December fundraiser drew a very receptive and generous audience—we collected six boxes of food and \$156 in cash. Huge thanks go out to Catherynne Valente for organizing and directing the play, to the actors for volunteering their time and to the Brackett Memorial Church for hosting the performance. What a wonderful way to support the food pantry.

Thanks also go out to Denise Macaronis and Lisa Lynch for organizing a food drive to benefit the food pantry after the tree lighting festivities. Lisa hosted cookies and cocoa at the Peaks Island Café and collected two boxes of food for the food pantry during the evening. Thank you Denise and Lisa!

The Peaks Island Community Food Pantry is truly a community effort, with donations and support provided by many different individuals and organizations from Peaks Island. We are now housed in the Brackett Memorial Church Hall and we are open Mondays and Thursdays from 3:30pm until 6pm.

We are extremely grateful for any donations of non-perishable food and toiletry items (no out of date food items, please). We have a collection box located in the Douglas MacVane Community Center – aka the library—or bring donations directly to the food pantry during opening hours. Our current needs are: Peanut butter, canned or microwavable servings of beef stew, hash, chili, canned chicken or ham, pasta sauce, household paper products. Things we have plenty of right now are: pasta, all kinds of canned beans, dried legumes, canned tomatoes.

Cash donations are especially helpful as it allows us to provide clients with \$10 Hannigan's vouchers for fresh fruit, vegetables, bakery, dairy and meat items. Please make checks out to: Brackett Memorial Church, noting "FOOD PANTRY" in the memo line. Rest assured that the church is tracking food pantry funds separately and those funds are only used to buy supplies for the food pantry. Please call Susan Hanley, 766-2735, for more information, to request food drop off, or to arrange donation pick up.



PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854 www.picw.org

PICW will be closed on Monday, February 20th for PRESIDENTS DAY.

January has been a busy month of getting to know the children and families of PICW. We finally had our first big snow storm! We will stay open for most school snow days as long as we have heat and electricity. To check to see if we are closed please tune into WMGX (93.1 FM), WPOR (101.9 FM), or WYNZ (100.9).

We will be accepting applications for our infant/toddler program. Space is limited, so please set up an appointment ASAP in order to get the days and times you desire.

Our pre-schoolers went on their first pilgrimage to the Peaks Island Elementary School on January 30th. We thank the school for working with us and their support of our integrating the pre-schoolers into a typical Kindergarten day! Next up: the Kindergarten class will join us on March 6th for "Animal Adaptation" presented by the Children's Museum.

Save the date: Thursday, February 9th **People's United Bank** will host a "Can You Afford College?" workshop at the PICW starting at 6PM.

Friday Toddler group is BACK! 10:15am until 11am weather permitting. Please call to confirm.

OPEN HOUSE – OPEN HOUSE – OPEN HOUSE

Wednesday March 14th Peaks Island Children's Workshop will host an open house!
We welcome any community members to come meet our new staff and check out our new environment.
Light refreshments will be served - 5:30 - 7pm

The Board of the PICW is always open to suggestions and communication from the community.
Please contact us through Board Chair, Christina Foster, 221-3445 or cmfisc@hotmail.com.

FEBRUARY ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Recreation and Facilities Management

To reserve space and equipment in the Community Building, you must contact Denise at least two days in advance. Contact Denise at dlm@portlandmaine.gov or leave a message at 766-2970. Please plan ahead as Denise works part-time on the island – Mondays, Thursdays and Fridays (not on the island on holidays). Please check bulletin board on Denise's door for her schedule. If you leave a phone message and don't get a return, please try again. Thanks!
The facility schedule is now on-line – you may check the room availability (<http://www.portlandmaine.gov/rec/peaksislandcc.asp>) but you still need to contact Denise to reserve space.

AFTERNOON MOVIE: GROUNDHOG DAY (PG)

Thursday, February 2 1:00 – 2:45 pm in com. rm.
February 2nd keeps repeating for a cynical TV weatherman (Bill Murray) sent to cover Punxsutawney Phil.

FIRST MONDAY FUN: PRESCHOOLERS/ADULTS

Monday, February 6 anytime from 11am to noon (com. rm)
Have fun with your little ones as we dance, sing & make crafty items. Children must be accompanied by an adult.

BINGO – with LOVE-LY prizes (whatever that means!)

Thursday, February 9 10:45 – 11:45am (com. rm.)
Please bring a donation for the Food Pantry

REMEMBERING THE GOOD OLD DAYS

Friday, February 10 Drop in anytime 11:00am–2pm
Do you have a special photograph or family heirloom that you treasure? Stop by the community room and share your memories with others. Light refreshments will be served.

AFTERNOON MOVIE: THE HELP (PG-13)

Friday, February 17 1:00 – 3:15 pm in com. rm.
At the dawn of the civil rights movement, three Mississippi women are about to take one extraordinary step.

VACATION WEEK FUN for EVERYONE (com. rm.)

Thursday, February 23 Drop in between 11:00am-2pm
Make crafts, play board games, or have fun with Ping Pong.

BEACH PARTY/PICNIC for EVERYONE (com. rm.)

Friday, February 24 Drop in between 11:00am-2pm
Beat “cabin fever” by pretending it's summer! BYO picnic; enjoy lemonade, make crafts with seashells – and more!

LAUGHTER'S THE BEST MEDICINE: Classic Fun!

Monday, February 27 Drop in anytime 10:45am-12:30pm
Share a funny story, watch episodes from I Love Lucy, or laugh at nothing at all! Stop by for some fun!

On-going exercise programs for Adults

FMI, please leave a message for Denise (766-2970)

Walking Program (or indoor stretching):

Mondays and Thursdays – meet at 8:30 in the com. rm.

Low-Impact Aerobics w/ Weights:

Mondays and Thursdays – 9:30 to 10:30 am (com. rm.)

Ping Pong:

Tuesday afternoons – 2:00 pm in the community room

Wednesday mornings – 10:00 am in the community room

Adult Basketball (\$2 pp/per night):

Tuesday evenings - 6:00 to 8:00 pm at PI School Gym



Saturday Night Movies in February



Free in the Community Room – Sponsored by the Friends of the Peaks Island Library

Children must be accompanied by an adult.

Feb	6 PM	Feb	8 PM
4	<i>Flipped</i> (2010) PG, 90 min	4	<i>My Dog Tulip</i> (2010) NR, 82 min
11	<i>Dolphin Tale</i> (2011) PG, 113 min	11	<i>Here and There</i> (2009) NR, 85 min
18	<i>Johnny English</i> (2007) PG, 88 min	18	<i>The Help</i> (2011) PG-13, 137min
25	<i>The Smurfs</i> , 2011, PG, 103 min	25	<i>The Concert</i> (2009) PG-13, 107 min

DEADLINE FOR NEXT MONTH'S STAR: Saturday, February 25, by 6pm. Please bring articles copy-ready to the library. You may leave articles in the Book Return or slide it under the library door when the library is closed.